



Title: Remembering To Pray 2 (AA)

Age range: All ages.

Theme / Motivation

This is a creative prayer idea based on the ACTS prayer method by Bill Hybels. You can use this as an exercise for an area in your prayer room or on its own.

People take four stickers to write the words

- Adoration
- Confession
- Thanks giving
- Supplication

For use with children it might be advisable to use less complex words and also to provide an explanation of what each one means. For example: Love, Sorry, Thanks, Please. You might even be able to come up with a clever acronym for them to use.

Place the stickers somewhere in their home where they will see them everyday. Together, commit that when you see the stickers you will pray a sentence of each kind of prayer.

Design / Structure

Put a pile of stickers on a table or floor, with some pens next to it. (You could print the words on the stickers, and then people would just take them home with them.) Write a sign saying something like... 'Take four stickers to write the words 'adoration', 'confession', 'thanks giving' and 'supplication' on, then place the stickers somewhere in your home that you look each day - when you see them, agree to speak a sentence of that kind of prayer.'

Materials

Stickers / post-it notes

Pens

Ways this could be adapted

As with all of the ideas in the Creative Bank you can develop and try any number of different methods, don't feel you must use the ones we have described. You could write anything you feel called to pray for on the stickers or post-it notes. Choose placement for your prayers carefully so that you will be reminded daily!

For more information see Bill Hybels Book – 'Too busy not to pray'