



Title: Fruits & Gifts Of The Spirit (AO)

Age range: Not suitable for children unless under close adult supervision.

Theme / Motivation

The motivation for this area is to connect closely with the Holy Spirit and explore the fruits and gifts of the Spirit. Create an intimate area in your prayer room with candles where people can sit and invite the Holy Spirit and his fruits, gifts into their lives.

In Galatians 5 v16 – 26 it lists the fruits of the Spirit as love, peace, patience, goodness, kindness, faithfulness and self control. Invite people to think about which of these gifts they struggle with and to invite the Holy Spirit to minister to them in these areas.

In Corinthians 12 and Romans 12 the bible describes the gifts of the Spirit. Invite people to explore what there gifting might be and how they see them working out in their lives.

Design / Structure

Find an area in your prayer room that you could perhaps close off with a curtain or screen. Make the area comfortable and intimate, perhaps with cushions on the floor, incense and candles (make sure they are placed on something non-flammable!). It would be helpful to print out copies of the passages that refer to the Fruits & Gifts of the Spirit in a large and easy to read format. Perhaps also have a sign saying something like... 'Invite the Holy Spirit and his fruits, gifts into your life. Think about how your life would be changed by actively using these gifts.'

Materials

Curtain / Screen
Candles
Matches
Stand
Cushions

Ways this could be adapted

As with all of the ideas in the Creative Bank you can develop and try any number of different methods, don't feel you must use the ones we have listed. You could provide something symbolic to focus the meditative time such as a bowl of fruit that people can eat from as they pray or perhaps you could use fruit shaped sweets. A 'meditative space' could be used to focus on all sorts of themes why not try some of your own.

