

Title: A Journey Through The Sanctuary (AO)

This prayer room is good because it can be set up quickly & easily, most of the materials needed are the sort of thing most people have laying around there church.

Age range: This is better for adults as there are lit flames around the room and matches to re-light elements.

Journeys in a room

When creating a prayer room journey its really important that you think about how people move through the room, you want it to flow easily and using the space to its maximum. Thinking about using every surface to communicate something, floor, ceiling, walls & doors. It's really helpful to intentionally engage all five senses and every learning styles i.e. auditory, visual and kinesthetic. This way everyone will get something out of the prayer room.

Zone 1:

Theme / Motivation

We had a large bowl of water where people washed their hands and asked God to give them clean hands and a pure heart.

Design / Structure

Put a large bowl of water on a table with a towel next to it, only if you want to, you can add an oil scent or rose petals to the water to make it smell nice. It may be a good idea to put some plastic under the table in case of spillages. Then make a sign saying... 'Ask God to give you clean hands and a pure heart.'

Materials

Large bowl
Water
Towel
(scent)

Zone 2:

Theme / Motivation

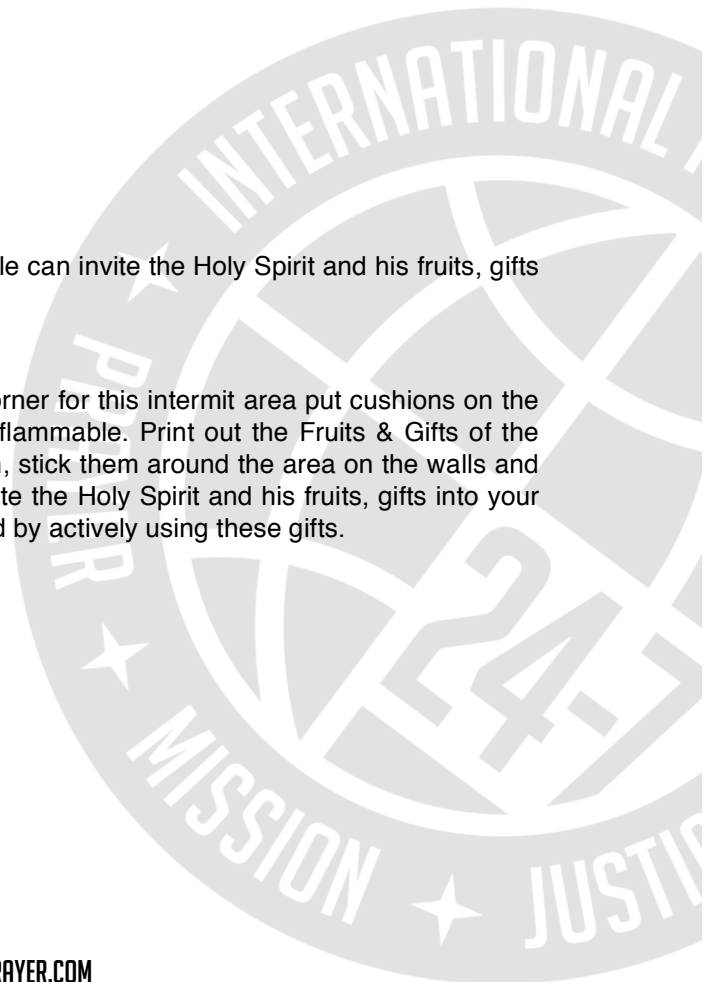
Make an intimate area with candles where people can invite the Holy Spirit and his fruits, gifts into their lives.

Design / Structure

Maybe get a curtain or screen and close off a corner for this intimate area put cushions on the floor and place the candles on something non-flammable. Print out the Fruits & Gifts of the spirit large so they are easy to read and meditate on, stick them around the area on the walls and Curtin / screen. Then have a sign saying... 'Invite the Holy Spirit and his fruits, gifts into your life. Think about how your life would be changed by actively using these gifts.'

Materials

Curtain / Screen
Candles
Matches
Stand
Cushions



Zone 3:

Theme / Motivation

Have some incense lit and watch the smoke of the incense rise to heaven and think about how God loves the fragrant prayers of his people.

Design / Structure

Have a tall narrow plinth / lectern with the lit incense on it (taller than children, so they can't touch) put some cushions down so it's comfy to stay in the area. It may be a good idea to have some bibles lying around in this area as people's prayers could go in any direction. Make a sign saying..." Think about how God loves the fragrant prayers of his people.'

Materials

Incense sticks
Incense stick holder
Matches
Plinth / lectern
Cushions
Bibles

Zone 4:

Theme / Motivation

Make an altar with a shallow dish of water on using the special paper (Ink disappears when wet) where people write down their sins and place them in the water and it disappears to represent that God remembers our sins no more.

Design / Structure

Make an altar however you visualize one, on top of it needs to be a shallow dish (large enough for A4 paper to fit into) put the special paper along side the dish with pens alongside that and make a sign saying... 'write your sins on the paper provided and then place the sheet in to the dish of water'

Materials

All altar bits depending on how you want it
Shallow dish
Water
Pens
Magic paper
A bin for people to put the wet paper in

Zone 5:

Theme / Motivation

Think about how all the activities your church does and encouraged turning your Temple (churches) into Houses of Prayer, how can you bring more prayer on to the life of your church? Ask God to give you ideas, while your thinking & praying use playing cards to build a tower / church to focus you, write down the ideas God shows you on the cards. These cards could then be given to some of the leaders in the church to see if they want to implement any of the ideas!

Design / Structure

Have a clear table or area on the floor with a couple of packs of playing cards. Write a sign saying... 'Think about all the activities your church does. How can we turning your Temple (churches) into Houses of Prayer? How can you bring more prayer into the life of your church? This could be done with Lego Blocks or Jenga blocks.

Materials

A pack of playing cards

Zone 6:

Theme / Motivation

Listening to God area, so often we come with an agenda, we miss so much of what God has to say to us, lets give him space to say anything and hear what his voice sounds like?

Design / Structure

Find somewhere for this area that is peaceful and not distracting maybe on a sofa! Maybe some bible verses & the content on paper around the sofa referencing when God spoke to people in the bible. Write a sign saying... 'Ask God to speak to you...'

Materials

Sofa / cushions

Zone 7:

Theme / Motivation

Make a space on the ground where people could draw their prayers to Jesus. This gives space to go in any spiritual direction, as many of the other spaces have a specific task or challenge its good to leave a some space to see where things go.

Design / Structure

Its sensible to put a tarpaulin under the paper so that paint wont go though & damage carpet, put some pots of coloring pens / crayons / pencils / paint / water & brushes out with a sign saying... 'Draw your prayers to Jesus'

Materials

Tarpaulin
Paper
Pots to hold the arty bits
Coloring pens
Crayons
Pencils
Paint
Water
Brushes
Tape
Glue

Zone 8:

Theme / Motivation

Making big decisions in our lives are always hard and there always seems to be a choice, why not make space for people to ask God what to do in these choices we have. Ask God the questions and ask for direction by tracing around your footprint and writing your prayers inside it.

Design / Structure

Tape paper to the floor with a pot of pens by it, this can take up a lot of space to give a generous plot. Stick a sign to the floor saying... 'Ask God the questions you have about big decisions you have in your life at the moment. Ask for direction by tracing around your footprint and writing your prayers inside'

Materials

Paper
Pens
Tape, incase the paper rips with your stand on it

Zone 9:

Theme / Motivation

It's always good to have an area on identity, Sit a person at a time down in front of a mirror and as they read Psalms 139 and looked in the mirror they could think about how God has a plan and destiny for them and how much he loves them in fact God is thinking about them every minute of every day even while they are sleeping! They could put their unique fingerprint in the journal and write a letter to God.

Design / Structure

You could either have a full-length mirror leaning against a wall with a cushion opposite or a smaller mirror on a desk top with a chair to sit on. As long as the people sitting can see there faces, if the prayer room is gloomy then maybe a table lamp is handy so people can really see there faces. Put a journal and ink pad next to the mirror, Then have the bible verse Psalm 139 printed out in front of the mirror, then make a sign saying...' While looking in the mirror think about how God has a plan and destiny for you and how much he loves you. After some time on contemplation put your unique fingerprint in the journal and write a letter to God.'

Materials

Full length mirror / face mirror
Cushion / Chair
Inkpad
Journal
(Table)

Zone 10:

Theme / Motivation

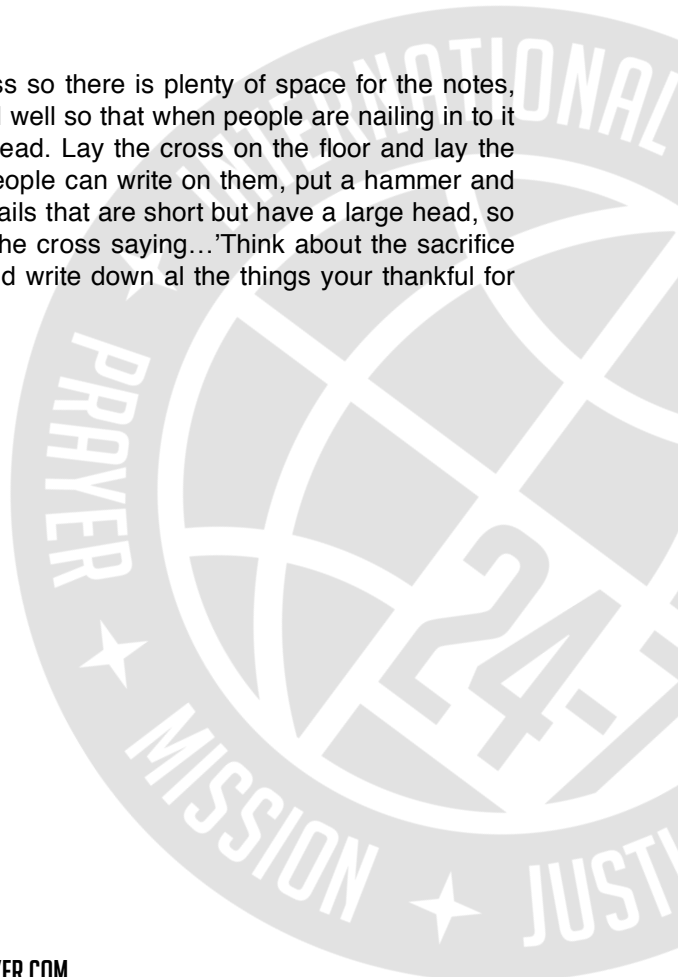
Jesus was the Bread broken for us, to remember the sacrifice that he made on the cross. Use hart shaped postit notes and write what we are thankful for then nail the postit to the cross.

Design / Structure

Use to large / wide bits of wood to make the cross so there is plenty of space for the notes, make sure the across part of the cross is attached well so that when people are nailing in to it the across bar wont twist and hit anyone in the head. Lay the cross on the floor and lay the postit notes next to the cross with pens so that people can write on them, put a hammer and some nails next to the cross as well, try and get nails that are short but have a large head, so there easy to hit. Put a sign on the floor next to the cross saying...'Think about the sacrifice that Jesus made for us by dieing on the cross and write down al the things your thankful for and nail it to the cross'.

Materials

Wood for cross
Nails, to nail in as the response
Screws, to screw the cross together
Red or pink hart shaped postit notes
Pens



Zone 11:

Theme / Motivation

Have a bowl of Intercession (meaning prayers for an issue) which can be filled to overflowing with prayers reminding us to hold each other & our community up in prayer.

Design / Structure

Write the prayers on some paper and put them in a bowl or fish tank you'll need pens and paper next to the bowl. The sign will need to say... write prayers on issues in your locality, Intercede for your friends & town, then put it in the bowl.

Materials

Bowl / fishtank
Paper
Pens

Zone 12:

Theme / Motivation

Your going to make a 'Holy place' in your prayer room a temple like in the bible. As you entered into the Holy Place there's a torn veil in the shape of a heart that you passed through, to show that the veil was not separating people from God any longer & that we now have free access to Gods heart. Inside will be the Throne Room, make this however you visualize a throne room. We recommend putting three beautiful colored glass lamps to represent the Father, the Son and the Holy Spirit. Inside this space there will be Silver foil to make a crown out of and leave it as a gift of worship to God to honor him, similar to the angels in Revelation as they crying out "Worthy, Worthy is the Lord God Almighty." Rev 4.11. ("The four and twenty elders fall down before him that sat on the throne, and worship him that length for ever and ever, and cast their crowns before the throne, saying, "Thou art worthy, O Lord, to receive glory and honor and power: for thou hast created all things, and for thy pleasure they are and were created.")

Design / Structure

This area may be easier to make with some structure like a gazebo, you could make the inside of the gazebo in to your throne room with the heart shaped veil hanging in front of the doorway, next to where the veil hangs it may be worth printing out the scripture about the veil not separating us from God anymore and put that up, so that people can make sense of it. Inside the gazebo you will need power for the 3 different colored lamps, write 'Father' 'Son' & 'Holy Spirit' on the lamps so that people will know what they represent. Print out the scripture in Revelation as they crying out "Worthy, Worthy is the Lord God Almighty." and Rev 4.11. "The four and twenty elders fall down before him that sat on the throne, and worship him that length for ever and ever, and cast their crowns before the throne, saying, "Thou art worthy, O Lord, to receive glory and honor and power: for thou hast created all things, and for thy pleasure they are and were created."

It would be a good idea to that something throne like but this may be a bit challenging and as long as the place looked beautiful & opulent you may get away with not having one. Place the silver foil in front of the alter with a sign saying... 'Make a crown out of silver foil and leave it as a gift of worship to God to honor Him.'

Materials

Gazebo
Veil fabric
3 lamps
3 different colour bulbs
Silver foil
String to hang veil
(Throne / chair)
Anything opulent for the Throne room

Zone 13:

Theme / Motivation

Prying for the world can be a hard task as there are so many issues and we seem so small, as we throw darts at a world cry out for God to heal their land & that God would draw near to everyone. The below text is so powerful and teaches us how we need to humble ourselves, turn and pray and God will be gracious to us with his blessings. Read the text as a liturgy taking time to think about every sentence, at the end of each sentence throw a dart in to the world and aim that sentence to where the dart landed.

(2 Chronicles 7.13 "... if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land. Now my eyes will be open and my ears attentive to the prayers offered in this place. I have chosen and consecrated this temple so that my Name may be there forever. My eyes and my heart will always be there.")

Design / Structure

Get a large piece of soft wood and stick the map to it (glue the whole back of the map to the board as only doing the sides may let areas of the map fall off when it has lots of holes in it) then hang the board in the prayer room on a wall with no window to near the map of the world. Then print out the text of 2 Chronicles 7.13 in a large font and stick it under the map so that as people stand in place for throwing they will be able to read the bible verse. Place the darts in something tall enough for children not to be able to reach them near the world. Write a sign saying...'throw a dart in to the World map and pray the bible verse 2 Chronicles 7.13 a sentence at a time, really concentrating on how can God help the place that your dart has landed'.

Materials

Soft wood board

A world map

Darts

Something tall to put the darts on

